

# **IBEW 4th District Health Fund** has implemented the MyPath program through Sav-Rx to assist in your wellness journey.

# **Change Your Path with MyPath!**

Are you ready to embark on a journey towards a healthier, happier you? Sav-Rx offers the MyPath Program, a comprehensive Weight Loss Wellness Program that is designed to support you every step of the way.

### **PROGRAM HIGHLIGHTS**



### Personalized Wellness Coaching and Access to Dieticians

Regularly scheduled patient outreach to provide wellness coaching and nutritional education tailored to your unique needs and preferences.



### **Automated Compliance Reminders**

Participants communicate by preferred method of choice. (i.e. phone, text or email).



## Cellular Enabled Digital Smart Scale

Weigh ins are automatically uploaded to your wellness team.



## **Mobile Phone Application**

Participants are able to view all the data on their cell phone.



### No medication needed to join

You do not need to be on a weight loss medication to start your new path! Certain criteria applies. For participants who are approved for weight loss medication, they will need to enroll in MyPath for coverage of their medication.